

# MARCH



## Sunshine 1-5 YRS Breakfast Menu 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 CHEESY SCRAMBLED EGGS WG TOAST PEACHES MILK	3 WG BLUEBERRY MUFFIN YOGURT PINEAPPLE TIDBITS MILK	4 WG MINI MAPLE PANCAKES BANANA MILK	5 WG MINI BISCUITS & GRAVY STRAWBERRIES MILK	6 WG TRKY SAU BREAKFAST PIZZA KIWI WEDGES MILK
9 WG EGG TAC-GO APPLESAUCE MILK	10 WG APPLE CINN OATMEAL BLUEBERRIES MILK	11 WG CHEERIOS WG TOAST BANANA MILK	12 CHEESY SCRAMBLED EGGS WG MINI BISCUIT ORANGE WEDGES MILK	13 WG STRAWBERRY PANCAKES PEARS MILK
16 WG TRKY SAU BREAKFAST PIZZA PEACHES MILK	17 CHEESY SCRAMBLED EGGS WG TOAST KIWI WEDGES MILK	18 WG MINI MAPLE PANCAKES BANANA MILK	19 WG MINI BISCUITS & GRAVY STRAWBERRIES MILK	20 WG BLUEBERRY MUFFIN YOGURT PINEAPPLE TIDBITS MILK
23 WG EGG TAC-GO APPLESAUCE MILK	24 WG APPLE CINN OATMEAL PEARS MILK	25 CHEESY SCRAMBLED EGGS WG MINI BISCUIT BANANA MILK	26 WG STRAWBERRY PANCAKES ORANGE WEDGES MILK	27 WG CHEERIOS WG TOAST BLUEBERRIES MILK
30 WG TRKY SAU BREAKFAST PIZZA PEACHES MILK	31 CHEESY SCRAMBLED EGGS WG TOAST PEACHES MILK			



My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.

**NON-DISCRIMINATION:**  
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



WG - Whole Grain

read  
play  
learn  
run  
dream

**Happy Birthday Dr. Seuss!**



# March

## Sunshine 1-5 YRS Lunch Menu 2020



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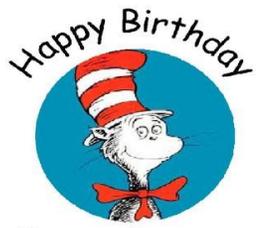


WG - Whole Grain



Monday	Tuesday	Wednesday	Thursday	Friday
2 WG FISH BITES MAC N CHEESE MIXED VEGETABLES PEARS MILK	3 WG FIESTADA PIZZA GREEN BEANS STRAWBERRIES & BLUEBERRIES MILK	4 WG SPAGHETTI W/ ZESTY MEATSAUCE MIXED SALAD GREENS ITALIAN DRESSING ORANGE WEDGES MILK	5 WG CHICKEN NUGGETS MASHED POTATOES & GRAVY STEAMED BROCCOLI PEACHES MILK	6 CHEESEBURGER ON WG BUN BAKED FRIES LETTUCE/TOMATO/PICKLE COOKED CARROTS ROSY APPLESAUCE MILK
9 WG HOT HAM & CHEESE PANINI GREEN BEANS PEARS MILK	10 WG BEEF ENCHILADAS WG MEXICAN-STYLE RICE COOKED CORN BANANA SALSA MILK	11 WG CHICKEN SANDWICH SWEET POTATO TRAX MIXED SALAD GREENS ITALIAN DRESSING STRAWBERRY FRUIT MEDLEY MILK	12 SLICED MEATLOAF AU GRATIN POTATOES WG HOT ROLL COOKED CARROTS APPLESAUCE MILK	13 CHILI, WG CRACKERS, WG CORNBREAD MUFFIN STEAMED BROCCOLI PEACHES MILK
16 WG CHEESE PIZZA GREEN BEANS PEARS MILK	17 WG SHAMROCK CHICKEN NUGGETS MAC N CHEESE MIXED VEGETABLES ROSY APPLESAUCE MILK *SHAMROCK COOKIE	18 CHICKEN & WG NOODLES WG MINI BISCUIT MIXED GREENS SALAD ITALIAN DRESSING PEACHES MILK	19 BEEF FINGERS MASHED POTATOES & GRAVY STEAMED BROCCOLI MILK *STRAW/POM FRZ JUICE CUP	20 SLOPPY JOE ON WG BUN BAKED TATER TOTS COOKED CARROTS STRAWBERRIES & BLUEBERRIES MILK
23 WG GRILLED CHEESE GREEN BEANS STRAWBERRY FRUIT MEDLEY MILK	24 WG SOFT SHELLED TACO SALSA REFRIED BEANS COOKED CORN BANANA MILK	25 WG BEEFY MAC & CHEESE MIXED GREENS SALAD RANCH DRESSING PEARS MILK	26 WG CHICKEN PATTY MASHED POTATOES & GRAVY WG HOT ROLL STEAMED BROCCOLI PEACHES MILK	27 WG TANGERINE CHICKEN WG STEAMED RICE COOKED PEAS HOT SPICED APPLES MILK
30 WG FISH BITES MAC N CHEESE MIXED VEGETABLES PEARS MILK	31 WG FIESTADA PIZZA GREEN BEANS STRAWBERRIES & BLUEBERRIES MILK			

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Dr. Seuss

# MARCH

## Sunshine 1-5 YRS Snack Menu 2020



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WG - Whole Grain

Monday	Tuesday	Wednesday	Thursday	Friday
2 1-5 YEAR WG GOLDFISH CRACKERS MILK	3 1-5 YEAR APPLESAUCE CUP MILK	4 1-5 YEAR WG BLUEBERRY LEMON CRISPY BITES MILK	5 1-5 YEAR ORANGE WEDGES MILK	6 1-5 YEAR STRING CHEESE WG CRACKERS 100% APPLE JUICE
9 1-5 YEAR WG ORIGINAL GRAHAMS MILK	10 1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE	11 1-5 YEAR WG APPLE CINNAMON MUFFIN MILK	12 1-5 YEAR WG CRISPY CHEDDAR CRACKERS MILK	13 1-5 YEAR BANANA MILK
16 1-5 YEAR STRING CHEESE WG CRACKERS 100% APPLE JUICE	17 1-5 YEAR ORANGE WEDGES MILK	18 1-5 YEAR WG CHEEZ-IT CRACKERS MILK	19 1-5 YEAR WG BLUEBERRY LEMON CRISPY BITES MILK	20 1-5 YEAR APPLESAUCE CUP MILK
23 1-5 YEAR WG ORIGINAL GRAHAMS MILK	24 1-5 YEAR WG GOLDFISH CRACKERS MILK	25 1-5 YEAR WG BLUEBERRY MUFFIN MILK	26 1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE	27 1-5 YEAR BANANA MILK
30 1-5 YEAR WG CRISPY CHEDDAR CRACKERS MILK	31 1-5 YEAR APPLESAUCE CUP MILK			